

**Welcome to the Member Practice Update**

<http://education.worcestershire.nhs.uk/weekly-brief/7-june-2019/>

This weekly member practice update is produced by NHS Redditch and Bromsgrove, NHS South Worcestershire and NHS Wyre Forest Clinical Commissioning Groups for circulation in your practice, to provide you with essential guidance, information and useful support.

Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in the Member Practice Bulletin, please e-mail the [communications team](#).

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Find out about local and national events and training [here](#).

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## **PCE Draft Service Specification 19/20**

You will have received a letter on Monday of this week providing an update regarding the PCE contract for 19/20. The information is [attached](#) as a reminder.

As you will recall, we paused implementation of the 19/20 specification to allow us to consider potential areas of overlap with the PCN DES and changes to QOF. This review was completed by mid-April and considered the following areas of potential duplication, with the outcome of discussions detailed below:

End of Life:

- The 19/20 QOF Quality Improvement module includes a requirement for two meetings per year at PCN level; PCE requirement is for monthly practice meetings so no overlap has been identified.

Prescribing:

- The 19/20 QOF Quality Improvement Prescribing Safety module has a very directed focus on specific medicines which not included within the prescribing section of PCE, so no significant overlap has been identified.

Hypertension:

- No direct overlap but removed to allow practices to focus on new QOF requirements.

NT leadership:

- Potential overlap with CD role. This is a moot point in that we all see these as being one and the same thing eventually and this is also the expectation within the PCN DES. However, we also recognise, and have listened to, the anxiety from GPs that the focus must be on their getting PCNs established and organised to deliver what is currently in the DES and the five new services from April 2020.

A draft specification is attached for your consideration. Please share any comments or concerns directly with the LMC by **17 June**. This will allow us to consider the feedback before final approval at the Primary Care Commissioning Committee on **25 June**. If you have any questions on the proposed content or would like further clarity on any point, please email us using the generic primary care address [sowoccg.worcestershireprimarycare@nhs.net](mailto:sowoccg.worcestershireprimarycare@nhs.net). We can then share the final specification at the practice Quarterly Commissioning meeting on the afternoon of the 25th.

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## **GPFV Workforce Update**

This GPFV update was presented to the first joint Herefordshire and Worcestershire Primary Care Commissioning Committee on 23 May. Slides 11 and 12 in particular highlight the investment across Herefordshire and Worcestershire in Primary Care Recruitment and Retention to date, and a high level summary of our plan for the coming year.

We have some exciting upcoming projects happening over the next few months including the launch of our Mentoring support, GP trainers pilot, launch of our GP support webpage, First 5 network and new GP Leads for Workforce and First 5s.

As always we appreciate your feedback and are here to provide support and advice across a range of Workforce issues. We also liaise with the Herefordshire and Worcestershire Training Hub who can advertise vacancies on their website and offer high quality training at reduced costs and the LMC who have a whole range of resources on their website including Wellbeing support.

The Workforce Team can be contacted via e-mail on [sowoccg.workforce@nhs.net](mailto:sowoccg.workforce@nhs.net)

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## **Primary Care Networks updated DES Guidance**

Please see link to the updated Primary Care Network Directed Enhanced Service Guidance that has been published.

**The new version adds three sections:**

- 5: Financial entitlements, nominated payee and payment information
- 6: Extended hours access
- 7: Practices and PCNs crossing CCG boundaries

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## Worcestershire Social Prescribing 18/19 pilots evaluation

Comment from Dr Jo Fitton, GP Partner at Spa Medical Practice:

**“Social prescribing offers a way in which we can manage low grade mental health problems that might present as frequent surgery attenders, low mood or anxiety.**

**By reconnecting people and helping people reintegrate into society this can help improve people’s well-being and self-worth and thereby improve their physical as well as mental well-being and reduce the demand on GP appointments.**

**By referring into the service there are a number of patients who I was seeing on a frequent basis who no longer feel the need to attend. I have also had a number of patients tell me how much they love the lunch clubs and social contact that they now realise they have been missing for some time. Not only does this improve their mental health but I really feel this has a positive impact on their physical health too. “**

The Worcestershire Social Prescribing Pilot has been in operation through six pilot sites across the County during 2018-2019. Social prescribing is sometimes referred to as community referral (or more recently link workers) and is a means of enabling GPs, nurses and other primary care professionals to refer their patients to a range of local, non-clinical services to support improving their health and well-being. Five of the six pilots in the County were delivered by a number of VCS organisations on behalf of primary care during 18/19. These organisations were; Worcestershire Association of Carers, Age UK Herefordshire and Worcestershire, Citizens Advice South Worcestershire and Onside Advocacy.

Since the pilot has been in operation, the service has received over 1,400 referrals from health care professionals. The service has supported over 900 of these individuals with 1-2-1 advice, guidance and information delivered by a trained social prescriber. The social prescribers have worked with individuals to identify local sources of support and advice. The social prescribers have helped individuals to access a wide range of local clubs, groups and other services across Worcestershire as well as online tools and information.

Data collected by the services is showing that individuals have reported improved health and well-being as a result of attending a social prescribing session. Feedback from individuals using the service has been overwhelmingly positive crediting the service with reducing isolation, supporting increased physical activity, and improved sense of positivity and wellbeing. Early indications are showing a reduction in the number of GP appointments following referral to social prescribing but this needs to be tested further. Some of the findings have been summarised within the attached infographic

The new NHS GP Contract announced in March 2019 has made funding available for each Primary Care Network to establish a primary care based Social Prescriber (either by direct employment or by local partnership) to work within their local Network of Practices and the funding to the PCN is available from 1st July 2019. The model outlined by NHS England reflects the pilot held in the county.

The CCG can also help with the set up process if needed, therefore, if you would like to discuss your PCN Social Prescribing plans or any of the information contained within this article then please contact Steve Connelly, Primary Care Commissioning Manager: [steven.connolly1@nhs.net](mailto:steven.connolly1@nhs.net)

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## Next Generation GP Programme opportunity – Herefordshire and Worcestershire

We are planning to bring an exciting evening leadership programme to the area, called '**Next Generation GP**', but we need your help to explore the appetite please.

This leadership programme was started by Dr Nish Manek and other GP trainees in London 2 years ago, and is now in 16 other cities across the country with over 1000 participants to date.

We envisage the programme would start in **September 2019 and run for 5 months**, consisting of 1 evening session each month. It will be **free to attend for all GP trainees and new GPs** (approximately first 5-7 years post CCT).

Each evening consists of a **workshop or lecture** around topics that isn't often covered in GP training (such as the structure of the NHS, influencing skills, learning to develop your strengths as a leader), and an **interview** with an aspiring senior leader (previous speakers have included Prof Helen Stokes Lampard, Chair of the RCGP, Sir Bruce Keogh, immediate past National Medical Director of the NHS, and Dr Sarah Wollaston, Chair of the Health and Social Care Committee).

Feedback from previous participants has been overwhelmingly positive:

*"After what can be a challenging day in general practice, I never left the Next Generation GP events failing to be inspired by the speakers and their journeys, reflective of what I want my career as a GP to look like and excited to be amongst a group of like minded colleagues. One of the best things I signed up for!"*

*"The programme gave me the confidence to reach out for opportunities and I've now been offered a job with my local CCG working on quality improvement projects. It has been a really inspiring and motivating experience, thank you so much."*

*"I was contemplating leaving GP after ST3 as I have found training uninspiring and unsupported. This course has reinvigorated me and inspired me to see what can be achieved and what is possible. I can't thank you enough for potentially saving my career in General Practice."*

More details about the programme can be found on <https://bit.ly/NextGGP> including a short video about their progress around the country and some amazing feedback from GPs who have completed it.

Please contact us at [sowoccg.workforce@nhs.net](mailto:sowoccg.workforce@nhs.net) to express your initial interest by **14th June 2019** (an email confirming your interest in the programme is all we need!). We need a minimum of 20 participants to run the programme in Herefordshire and Worcestershire.

**If you are a Trainee or First 5 GP in Herefordshire and Worcestershire, please consider join our mailing list for more First 5 opportunities – simply send your e-mail address to the Workforce Team [sowoccg.workforce@nhs.net](mailto:sowoccg.workforce@nhs.net)**

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## Bredon Hill Surgery GP Vacancy

Located in the thriving village of Bredon in South Worcestershire, we are a rural practice with 5550 patients, approx 85% of which are dispensing. Bredon is close to the market town of Tewkesbury, and on the edge of the Cotswolds with excellent road and rail transport links. We are a patient-focused practice and pride ourselves on our relationship with our patients and the local community.

See this [document](#) for details of the vacancy and how to apply.

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## Advertising Vacancies on the Training Hub Website

Do you have a vacancy in your practice? Did you know you can advertise any jobs on the Herefordshire and Worcestershire Training Hub for free? See below instructions on how to post your job advert.

- To advertise a vacancy the user must first register with the site <https://www.primarycaretraininghub.co.uk/>
- Once registered and logged in, you can click 'add a vacancy' button
- This will ask the user to fill out a short form with details about the vacancy; hours, wage, location etc. Users can upload files to the vacancy post – for example this may be a .pdf of the full job description.
- Once the user has created the vacancy it comes to the Training Hub to be approved – This doesn't normally take more than a few hours and is often done instantly. Once approved it will appear on the site until it expires.

In addition, if you would like the Workforce Team to share any GP vacancies with our networks please e-mail [sowoccg.workforce@nhs.net](mailto:sowoccg.workforce@nhs.net) and we will circulate for you.

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## Funding opportunity for GP Assistants- 40 funded places for Spread and Adoption across the Midlands

The Training Hub have been made aware of the following opportunity and have asked us to share it with Practices. For those who have already implemented the EZ Doc system, this is an opportunity to potentially develop an individual in your practice to the role of GP Assistant. You will see from the information below, the crossover between EZ Doc and this training, however a formal certificate accredited by the University of Chester is offered on completion of the 6 month training course.

A summary is included below. However, more detail is included in the [Flyer](#). The CCGs would be keen to hear from practices who put forward an application.

### ***What is it?***

The GP Assistant (GPA) is a new role created to relieve some of the pressure on GPs. Former RCGP Chair Dr Maureen Baker said GPAs would be 'a cross between a healthcare assistant and a doctor's PA' which could provide a 'short-term injection of support' for general practice.

Health Education England is supporting the spread and adoption of this new role following successful pilots in the North West and London areas. This project will see 40 candidates from across General Practice in the Midlands trained into the GPA role and have the opportunity to achieve the GP Assistant Certificate.

We have 40 places across the Midlands. Places will be allocated to ensure a fair spread across the region. An [application form](#) should be completed and submitted to [alliance.hub1@nhs.net](mailto:alliance.hub1@nhs.net) by no later than **24/06/2019**

### ***What is the cost?***

There is no charge for participating in this programme. On completion of the GPA Certificate, the practice will be eligible for a **£1,700 training grant** (per candidate) in recognition of the time given to support learners in achieving their competencies.

Watch how one GP practice in the North West has developed a new Medical Assistant role, transforming the way they work and practice.

<https://www.youtube.com/watch?v=T-GVx4dcRPw&feature=youtu.be>

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## **GP Quality Feedback Q4**

Please find the GP Quality Feedback Q4 report attached.

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## **Prescribing Top Tip**

Please find the Prescribing Top Tip attached.

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## **Get Safe Campaign**

The week commencing 24<sup>th</sup> June is Get SAFE week focusing on Child exploitation Countywide. The CCG are working together with multi-agency partners in promoting the week

Please find enclosed electronic versions of the multi agency GET SAFE promotional materials for launch week.

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## **NHS Diabetes Prevention Programme (NDPP)**

We have received a letter from NHS England & NHS Improvement encouraging the support of annual reviews for people with non-diabetic hyperglycaemia (the preferred term of pre-diabetes) and the cessation of point-of-care HbA1c testing in the NHS Diabetes Prevention Programme (NDPP). Enclosed is a letter to GPs giving details of upcoming developments to the programme, together with FAQs about the cessation of point-of-care HbA1c testing in the NDPP.

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## **DRIVE Booklet**

DRIVE is an innovative approach to responding to high-harm perpetrators of domestic abuse in Worcestershire and elsewhere. The project is funded by the West Mercia Police and Crime Commissioner and has a multi agency approach to the development and delivery of the DRIVE project.

Please contact Jez Newell, Deputy Designated Safeguarding Nurse for further information, [jeremynewell@nhs.net](mailto:jeremynewell@nhs.net), Mobile 07730 029810.

Please find the DRIVE Booklet attached.

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## **3rd Patient Flow Congress: The Strategy for Urgent and Emergency Care**

**Date/Time:** 9<sup>th</sup> July 2019, start time 08:00am and finishing at 15:45pm

**Venue:** Etc.Venues, 11 Portland St, Manchester, M1 3HU

### **Key Event Benefits:**

- NHS Pathways
- Patient Flow
- Integrated Care
- Clinical Mobility
- 100m Funding

Join us on the 9th of July 2019 as we explore the key deliverables that need to be achieved over the next year to adhere to NHS England's five year forward view, we will also be looking at how the Trusts and CCGs got on while attempting to meet the Government's 2017/18 mandate.

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## **2nd Digital Primary Care Congress: The Foundation of Digital Systems**

**Date/Time:** 19<sup>th</sup> September 2019, start time 08:00am and finishing at 15:45pm

**Venue -** Etc.Venues, London Prospero House, 241 Borough High St, London, SE1 1GA

### **Key event Benefits:**

- NHS e-Referral Service
- Cybersecurity
- Health and care data
- Digital Maturity Assessment
- Interoperability

It's an exciting time for the NHS; this event will give you first-hand insight into the latest strategies in place that will take the NHS to the next level digitally.

Our events provide delegates with the opportunity to listen, learn & engage directly with some of the most reputable NHS speakers from across the UK, we can offer the complimentary delegate passes to attend these events.

### **Benefits of attendance:**

- Listen, learn and engage with industry leading speakers
- Input directly to the discussions and panel debate sessions
- Gain 8 CPD Points
- Engage directly with over 200 of your peers from across the UK
- Network with ten thought leading commercial sector solution providers
- All food and refreshments provided

To register your interest please email [Kieran.ashall@convenzis.co.uk](mailto:Kieran.ashall@convenzis.co.uk)